

Forest Support Services Plc (the "Company")

Report and Accounts

30 September 2009

The Company announces that the annual report and accounts for the year ended 31 March 2009, together with a notice convening the Annual General Meeting for 11.00a.m. on 22 October 2009 at the Company's offices, Forest House, Broad Quay Road, Felnax Industrial Estate, Newport, NP19 4PN, have been posted to shareholders. The report and accounts may be viewed on, or downloaded from, the Company's website [www.forestsupportservices.com](http://www.forestsupportservices.com), free of charge.

Enquiries:

Forest Support Services Plc  
Ross Williams, Managing Director  
01633 284 700

W.H. Ireland  
Katy Birkin  
0121 265 6330